

# SLEEP STUDY REQUISITION FORM

**A sleep concierge will help select a location most convenient for you. Call (905) 707-5029**

**SERVICES REQUESTED:**

- Sleep Specialist consultation only
- Sleep Specialist consultation, followed by titration sleep study (previous sleep study before)
- Sleep Study & Sleep Specialist consultation, followed by sleep titration study if results are abnormal (no prior sleep study done before)

PATIENT NAME \_\_\_\_\_  
(PLEASE PRINT) (LAST) (FIRST)

OHIP \_\_\_\_\_ | | |  NON-OHIP. DOB (D/M/Y) \_\_\_\_/\_\_\_\_/\_\_\_\_  
VERSION CODE

SEX  M  F HEIGHT \_\_\_\_\_ ( cm/ ft) WEIGHT \_\_\_\_\_ ( kg/ lbs) BMI \_\_\_\_\_

ADDRESS \_\_\_\_\_

RES. NUMBER \_\_\_\_\_ CELL NUMBER \_\_\_\_\_ BUS. NUMBER \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_ FAX NUMBER \_\_\_\_\_

PERSON TO NOTIFY IN CASE OF EMERGENCY \_\_\_\_\_ TEL. NUMBER \_\_\_\_\_  
Available at Short Notice  YES  NO

**REQUESTING PHYSICIAN**

NAME \_\_\_\_\_ BILLING NUMBER \_\_\_\_\_  
(PLEASE PRINT)

MAILING ADDRESS \_\_\_\_\_

TEL. NUMBER \_\_\_\_\_ FAX NUMBER \_\_\_\_\_

REASON FOR REFERRAL \_\_\_\_\_

- |  |   |
|--|---|
| <input type="checkbox"/> SNORING                         | <input type="checkbox"/> WITNESSED APNEA                  |
| <input type="checkbox"/> EXCESSIVE DAYTIME SLEEPINESS    | <input type="checkbox"/> MORNING HEADACHES or SORE THROAT |
| <input type="checkbox"/> INSOMNIA                        | <input type="checkbox"/> RESTLESS LEGS/LEG CRAMPS         |
| <input type="checkbox"/> ABNORMAL BEHAVIOUR DURING SLEEP | <input type="checkbox"/> FIBROMYALGIA/CHRONIC FATIGUE     |
| <input type="checkbox"/> OTHERS: _____                   | <input type="checkbox"/> OBESITY                          |

Other Medical Disorders: \_\_\_\_\_

Medications/Allergies: \_\_\_\_\_

Special Instructions: \_\_\_\_\_

Is the patient on Oxygen?  YES  NO Level \_\_\_\_\_ On CPAP  YES  NO Level \_\_\_\_\_

Does the patient understand English well enough to follow instructions?  YES  NO

IF NO, please ask patient to bring an interpreter

Is the patient a shift worker?  YES  NO

Is it the 1st time the patient is having a sleep study?  YES  NO

PHYSICIAN SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

**Office Use Only:**

APPOINTMENT DATE: \_\_\_\_\_ TIME: \_\_\_\_\_